

# Yorkshire & Humberside Youth Sailing Association Yearbook 2011



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**Travellers' Series Rules and Dates**  
**Sailing Instructions**  
**Race Officer's Notes**  
**Portsmouth Numbers and much much more!!**



## *The Yorkshire and Humberside Youth Sailing Association Youth Travellers Series 2011*

*Entry fee is £6.00 per boat at each event and the first race is usually  
11.00 am*



		<u>Summer Series 6 To Count</u>	
30th April	Huddersfield (AGM)	Paul O'Connor	07730 814916
7th May	Wetton	Steve Abbott	07952 783595
14th May	Beaver	Peter Hone	01302 882877
21st May	North Lincs	Jim Hackney	07714 163783 or 01469 531394
4th June	Yorks Dales	Terrence Pressdee	terrypressdee@virginmedia.com
11th June	Ulley	David Holt	07930 405434
18th June	Halifax	William Redman	01422 378312 or 07711 117740
25th June	Rotherham	Garry Chambers	garry@chamberssailing.org
2nd July	Scaling Dam	Must Book Place	
10th July	Pemine	Richard Benson	bensonsailing@btinternet.com
		<u>Autumn Series 4 To Count</u>	
10th Sept	Beaver	Peter Hone	01302 882877
17th Sept	Ripon	Ian Smith	I.S. Smith@leeds.ac.uk
24th Sept	Halifax	William Redman	01422 378312 or 07711 117740
1st Oct	Pemine	Richard Benson	bensonsailing@btinternet.com
8th Oct	North Lincs	Jim Hackney	07714 163783 or 01469 531394
15th Oct	Ulley	David Holt	07930 405434



**2011**

**Chair of Yorkshire & Humberside  
Youth Sailing Association**

**William Redman**

**Tel: 01422 378312**

**Email: [william.redman@btinternet.com](mailto:william.redman@btinternet.com)**

**Secretary/Series Co-ordinator**

**Pauline Moran**

**Tel: 0113 2037848**

**Email: [paulinemoran@btinternet.com](mailto:paulinemoran@btinternet.com)**

**Treasurer**

**Josie Gentry**

**Tel: 0114 2884267**

**Email: [josie.gentry@tiscali.co.uk](mailto:josie.gentry@tiscali.co.uk)**

**Dinghy Allocation Officer**

**Richard Benson**

**Tel: 01226 763818**

**[bensonsailing@btinternet.com](mailto:bensonsailing@btinternet.com)**

**The Association is affiliated to the NSSA which means  
our members are eligible to enter any NSSA event.**

**Further, we support our competitors financially by  
providing team clothing at the National Youth Regatta  
and Team Managers' accommodation and food, also  
the YHYSA pays the entry for two teams at the NSSA  
Team Racing Championships**

## **Yorkshire & Humberside Youth Travellers Series Past Winners**

1986	Mark and Simon Pinder	Rotherham
1987	Chris and Anne Dowd	Rotherham
1988	Chris and Anne Dowd	Rotherham
1989	Mark Cobley	Rotherham
1990	Jonathan Wood	Wakefield
1991	Liz Chivers & Rachel Stead	Ripon
1992	Oliver Wells	Sheffield
1993	Simon Brindle & James Lees	Fulneck
1994	Paul Goodison	Ulley
1995	Paul Goodison	Ulley
1996	Paul Goodison	Ulley
1997	Duncan Truswell	Ulley
1998	Richard Green	Yorkshire Dales
1999	Richard Green	Yorkshire Dales
2000	Gary Knott	Pennine
2001	Phil Bishop	Viking
2002	Alex Good	Ripon
2003	Alex Good	Ripon
2004	Chris Duffin	Beaver
2005	Thomas Gillard	Rotherham
2006	Thomas Gillard	Rotherham
2007	Thomas Gillard	Viking
2008	Ollie Wright	Rotherham
2009	Adam Simms	Yeadon
2010	Tom Tindall	Yorkshire Dales

**Spring Training 2011  
For Members of the YHYSA at  
Pennine Sailing Club**

**Saturday and Sunday 16th/17th April**

**£20.00 per person for the two days**

**We have once again been fortunate to receive some funding from the Richard Barker Sail Training Trust to help us with the training costs which will be £20.00 per person for the two days.**

**Anyone wanting to attend please let me know and I will let you have an application form.**

**Hot food and drinks will be available including Breakfast.**

**It would help if we could have an idea of the numbers attending by Saturday 9th April.**

**Pauline**

**2011 NSSA Regatta Dates**

**12th March \*Double Handed Team Racing  
1 day event at ODSSA, Farmoor Oxford**

**18-20 April \*Match Racing Challenge  
3 day event at Datchet Water SC, Slough**

**29-30 May Inland Championships  
2 day event ODSSA, Farmoor Oxford**

**24-30 July National Youth Regatta  
6 day event at Grafham Water, Cambs**

**1-2 October \*Topper Team Racing  
2 day event South Cerney OEC Gloucester**

**\*Boats will be provided at these events**

**For further details of any of the above events visit:  
[www.nssa.org.uk](http://www.nssa.org.uk)**

**To All Y&H YSA Sailors**

*Welcome to the 2011 Yorkshire & Humberside Premier Youth Sailing Events. We had tremendous support in 2010 with over 50 sailors taking part and over 20 at most of the meetings. This year we are hoping for even better.*

*All young sailors are welcome whether you are new to sailing or an old hand. If you want tips on how to go better **an RYA Coach will be at the meetings** to help you. It will be great to see you at Pennine for the opening training week-end. The other more experienced young sailors will also be happy to let you know some tricks of the trade.*

*This year we have decided to have both a **Summer and Autumn Traveller Series**. If you have pressures of exams in the Summer the Autumn Series can give you a chance of competing later in the year. There will be 10 races in the Summer Series with 6 to count and 6 in the Autumn with 4 to count.*

*We will again be competing in the **NSSA National Youth Regatta**. You are Welcome to join our team to **represent Yorkshire and Humberside**, but you must be a member of the YHYSA. The regatta will be between 24th - 30th July at Grafham Water S.C. Last year 15 of our sailors took part and we **won the single hander class**. Adult volunteers to me look after the team would also be very welcome.*

***Many thanks** are again due to Pauline, Claire Fleming and others for working away during the winter to provide us with the new double header Travellers' Series. However it was with sadness that we received **Pauline's intention to resign** from Secretary at the end of the season due to other work commitments. **Pauline's input** has been **greatly appreciated** and will be much missed. We are therefore **looking for one or more people to help with the organisation of the association**, please let me or Pauline know if you can help.*

*Finally we all realise that the Travellers' Series would not be able to take place without the co-operation of the **host clubs**, so please remember that we all owe a **huge debit of gratitude** to the volunteers at these clubs who freely give their time and expertise.*

*I look forward to **seeing you at many of the events** and that you can make new friends or catch up with old friend over the year whilst enjoying the great sport of sailing.*

*Wishing you the best season ever!*

**William Redman**  
**Chairman - Yorkshire & Humberside Youth Sailing Association**



### Objectives

- To provide the framework for everyone to enjoy the sport of sailboat racing in whatever capacity and to whatever level the individual desires.
- To ensure that the sport of sailboat racing welcomes people and treats them equally.
- To ensure that those who experience sailboat racing are encouraged to continue.

### Principles and Practices

- The sport welcome all participants; it relies largely on self-compliance and self-policing. Those that deliberately take unfair advantage of this or behave in an inappropriate manner, either in or off the water, can expect to be brought to account.
- Competitors agree to compete and behave in compliance with the rules and in accordance with accepted standards of sailboat racing. When involved in a genuine dispute, both the parties to the dispute And those deciding the matter will use the established procedures for achieving resolution.
- Foul or abusive language, intimidation, aggressive behaviour or lack of respect for others and their property will not be tolerated.
- Organisers, officials and other providers of sailboat racing agree to Strive to provide the fairest racing possible. This includes encouraging feed-back and facilitating the resolution of genuine disputes (including protests) in a timely and proper manner.
- Coaches and other advisors agree to encourage their charges to compete, officiate or behave only in compliance with the above principles and practices.

This Charter applies equally to those who organize, manage, coach, advise, judge, provide services and compete (including those who support Competitors) in sailboat racing.

The RYA encourages the adoption and implementation of this Charter, and provides guidance and support to individuals and organisations to assist implementation. This guidance and support is consistent with the Practices of the International Sailing Federation.

For further information visit: [www.rya.org.uk/racing/charter](http://www.rya.org.uk/racing/charter)

# M.S.D.S

**Mike Saul Dinghy Services**

Unit 4, Levens Hall Park, Lund Lane, Killinghall, HG3 2BG  
Mob. 07811005160 Tel. 01423771821  
E-mail. [info@dinghy-services.co.uk](mailto:info@dinghy-services.co.uk)

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All laser parts for the full range of dinghies supplied

#### Topper spares

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### Victory Gun

Awarded to the highest placed junior crew.

### Junior Travellers Trophy

Similar to the Travellers Trophy

**Note:** Junior Trophies available only to qualifying competitors who have not reached their 14th birthday by 31st August in the year of the competition.

**All Trophies are owned by the Series and must be returned before the final prize giving. Any Travellers Trophy is only awarded to those who have qualified for the series and are Members of the Association. Any one competitor is only eligible to win one Individual trophy in a given series year.**

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Sponsors of YHYSA-NSSA Team Wear, 2008, 2009,  
2010 & 2011

## 2011 Youth Traveller Series Notice of Race

Organising Authority: Yorkshire & Humberside Youth Sailing Association

### 1. Racing Rules

The series, and each regatta within the series, will be governed by the rules as defined in the Racing Rules of Sailing 2009-2012.

### 2. Eligibility - Competitors

- 2.1 Individual regattas of the Series are open to anyone who is under the age of 19 years on 31st August 2010 but series points will only be awarded to those who are in current membership of the Yorkshire and Humberside Youth Sailing Association.
  - 2.2 Competitors are expected to register and sail one boat throughout a whole series unless there are genuine extenuating circumstances for not doing so. If this is the case, then a Competitor may, with the permission of the Series Organiser, sail a different boat to the one originally registered or with a different helm/crew.
  - 2.3 Competitors in double handed boats must sail together for the minimum number of regattas needed to qualify for the Series in order to gain a Series position.
- ### 3. Eligibility - Boats
- 3.1 Series entry is restricted to mono-hull dinghies and, on registration, competitors will be expected to state that their boat is in class, properly insured and seaworthy.
  - 3.2 Portsmouth Yardstick Numbers (PNs) - The class of boat entered should hold a Portsmouth Number as listed in the current RYA Publication YR2. If a boat's class is not listed in YR2, then a Series Trial Number will be ascribed to the boat by the Series Organiser before the start of any regatta.
  - 3.3 Changing Rigs - If a Laser is registered as a Full Rig at the beginning of the Series, then that PN will apply throughout the Series even if some regattas are sailed with a Radial or 4.7 Rig. Similarly for a Laser Radial wishing to change to a 4.7 Rig. However, a slower Laser Rig cannot be changed to a faster Rig at any time. Please note that a Topper with a 4.2 sq.m. sail will be given the same PN as a standard Topper unless a separate PN number is given in the current PY List.

## Trophies Awarded for the 2009 Series

### 4. Fees

The entry fee for each regatta will be £6.00 per boat, of which £2.00 goes to the Y&HYSA and £4.00 to the host club.  
The entry fee for Bridlington will be £8.00 as it is a sea venue.

### 5. Schedule of Events

- 5.1 Details are given on the back page of the 2011 Y&HYSA Yearbook and on the Y&HYSA website. Any change of venue will be notified to competitors by announcement at one of the preceding regattas and on the website.
- 5.2 The scheduled time for the Warning Signal for the first race of each regatta is 11.00 am. Subsequent races will commence as advised by the regatta race officer. Regattas will usually be run on a 'three races, two to count' basis if weather permits.
- 5.3 At each regatta registration will take place prior to the commencement of the first race. At the discretion of the host club, late arrivals may be allowed to register after the first race has commenced.

### 6. Series Scoring

- 6.1 Individual regattas will be scored in accordance with the current Racing Rules of Sailing. Appendix A4 - Low Points.
- 6.2 Series points will be awarded to the helm and, in the case of double-handed boats, the crew will receive the same series points as the helm. Series points are based on the individual regatta results for each competitor using the Low Points System: 1st = 1, 2nd = 2, 3rd = 3, etc.
- 6.3 **Ties** - When there is a tie in Series points after discards this shall be broken using the following:
- a) "Most number of Firsts" procedure excluding discards.
  - B) If there is still a tie, the last regatta in which both competitors sailed will be taken into consideration

#### **Martin Pratt Memorial Shield**

**Tom Tindall**

Awarded to the winning helm.

#### **Oppo Trophy**

**Sam Wimpenny**

If the overall winner is a single-handed boat the Oppo Trophy is awarded to the helm of the highest placed double-handed boat. If a double-handed boat wins the series, the trophy goes to the highest placed helm of a single-handed boat.

#### **Yorkshire Schools Trophy**

**Elliot Pashley**

Awarded to the crew of either the winning boat or the Oppo trophy winner, whichever is appropriate. The crew in question must have qualified for the series.

#### **Travellers Trophy**

**Emi Stevenson**

Awarded to the highest placed helm or crew in the series of the opposite sex to the winning helm.

#### **Leap-Frog Trophy**

**Ben Murrell**

Awarded to the helm with the most improved series position over the previous year. When appropriate, the crew will also receive a trophy. In the event of a tie, the trophy will go to the younger or youngest competitor. The reference points for the leap-frog trophy will be taken from the results table contained in the Yearbook. **The final position for a double-handed boat applies equally to helm and crew.**

#### **Team Trophy**

**Rotherham**

Competitors may only be in one team in the series. Each competitor will gain a team point for every race finished. The team trophy will be awarded to the team gaining the highest points over the whole series. In the event of a tie, the number of points will be divided by the number of team members contributing points and the team with the highest average will win the trophy.

#### **Junior Champion Cup**

**Chris White**

Awarded to the highest placed Junior Helm in the series.

#### **Junior Oppo Trophy**

Awarded on the same basis as the Oppo Trophy.

**Travellers's Series 2011  
Overall Results**

<b>1st</b>	<b>Tom Tindall</b>	<b>Yorks Dales</b>
<b>2nd</b>	<b>Adam Simms</b>	<b>Yorks Dales</b>
<b>3rd</b>	<b>Will Hackney</b>	<b>N Lincs</b>
<b>4th</b>	<b>Patrick Hall</b>	<b>Huddersfield</b>
<b>5th</b>	<b>Max Nicholson</b>	<b>Ulley</b>
<b>6th</b>	<b>Andrew Robinson</b>	<b>Huddersfield</b>
<b>7th</b>	<b>Ben Murrell</b>	<b>Yorks Dales</b>
<b>8th</b>	<b>Charlie Redman</b>	<b>Halifax</b>
<b>9th</b>	<b>Chris White</b>	<b>Beaver</b>
<b>10th</b>	<b>Erni Stevenson</b>	<b>Pennine</b>
<b>11th</b>	<b>Sam Wimpenny</b>	
	<b>Elliot Pashley</b>	<b>Huddersfield</b>
<b>12th</b>	<b>Ross Fleming</b>	<b>Welton</b>
<b>13th</b>	<b>Oliver Blackburn</b>	<b>Pennine</b>
<b>14th</b>	<b>Georgie Poulson</b>	<b>Pennine</b>
<b>15th</b>	<b>Ollie Thompson</b>	<b>Rotherham</b>
<b>16th</b>	<b>Harry Lee</b>	<b>Pennine</b>
<b>17th</b>	<b>Edward Bailey</b>	
	<b>Josh Bennet</b>	<b>Rotherham</b>
<b>18th</b>	<b>Abbie Cooper</b>	<b>Rotherham</b>
<b>19th</b>	<b>Matthew Chambers</b>	<b>Rotherham</b>

**7. Series Qualification**

The minimum number of regattas to be sailed for a competitor to qualify for the Series will depend on the number of regattas sailed as follows:

Number of Regattas Sailed	Number Needed to Qualify
9 or more	6
6,7 or 8	5
5 or less	all count
Autumn Series	4

**8. Team Points**

Teams can be formed from a school, sailing club, or other formal group and competitors can only be in one nominated team for the duration of any given Series. Each competitor will gain a team point for each Series regatta entered if they are members of the YHYSA.

The Team Trophy will be awarded to the team gaining the highest number of points over the whole Series. In the event of a tie, the number of Team points will be divided by the number of team members and the winning team is the one with the highest points average.

**9. Prizes**

9.1 Prizes for individual regattas will be awarded at the discretion of the Host Club.

9.2 Prizes for the Series will be awarded for every qualifier, helm or crew. In addition, Series Trophies will be awarded for special categories - see "Trophy Winners" section or on the website.

**10. Disclaimer of Liability**

Competitors participate in any Series Regatta entirely at their own risk - see RRS Fundamental Rules of Sailing. The YHYSA or a Host Club will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after any regatta.

**11. Insurance**

Each participating boat shall be insured with valid third party liability cover for a minimum of three million pounds, £3m, for each incident.

## YHYSA 2011 Sailing Instructions For Individual Regattas

*The Series Organiser asks each Host Club to use these Sailing Instructions which follow, incorporating any amendments require to meet local conditions. Any amendment should be notified to the Competitors before the start of the first race.*

### 1. Rules

Each regatta will be governed by the current *Racing Rules of Sailing (RRS)*, the prescriptions of the RYA and the guidance of the RYA Racing Charter. If there is any conflict between the Notice of Race, the local sailing instruction amendments and these sailing instructions, the requirements of the YHYSA shall take precedence.

### 2. Entries

Eligible boats may be entered by completing registration with the organising authority. Eligibility requirements for boats and competitors are given in the relevant section of the Yearbook.

### 3. Notices to Competitors

These will be posted on the Association's Notice Board located in the vicinity of the Host Club House.

### 4. Changes to Sailing Instructions

Any change to Sailing Instructions will be posted before the scheduled start of the first race of the event at which the change will take effect and must be included in a briefing.

### 5. Schedule of Races

Each regatta will comprise three races; the scheduled time of the Warning Signal for the first race is 11.00 am. Other races will follow as indicated at each regatta.

### 6. Class Flag

The Class Flag will be the YHYSA Pennant.

### 7. Racing Area

The racing area will be at the venue shown in the Series schedule.

### 8. The Course

The course be determined by the Host Club and identified at the briefing for the regatta.



2011 NSSA National  
Youth Regatta  
Grafham Water,  
Cambridgeshire

Sunday 24th to Friday 29th July 2011

Grafham Water is a large operational reservoir situated in Cambridgeshire. The site is about three hours drive from Yorkshire and is easily accessible from the A1. The camping and food facilities will be based around the Activity Centre site but the Sailing Club facilities will also be available. There will be the usual racing and social programme starting with the Sunday evening briefing.

For the latest updates visit: [www.nssa.org.uk](http://www.nssa.org.uk)

Urgent appeal to parents and adult supporters

For the expected size of the Yorkshire team, we preferably need four adult staff - two male, two female - to accompany the sailors for the week. All staff will need to have a recent CRB Enhanced check but, in return for supervising the Competitors, they will have their camping and food paid for by YHYSA. If we do not have sufficient staff coming forward, we will have to limit the size of the team on a 'first come - first served basis'.

If you can help, please contact either :  
William Redman (01422 378312) or  
John Dowd (0114 269674)

Class Name	Number	Class Name	Number
Laser 5000	846	Canoe Int (S)	905
Laser II	1035	Canoe Int (A)	870
Laser Pico (1 Pers)	1260	RS 100	998
Laser Pico (2Pers)	1265	Javelin	926
Laser Vortex	937	Laser 3000	1032
Lightning	1152	Laser EPS	1020
Merlin Rocket	1006	Laser Stratos	1089
Miracle	1190	Moth International	650
Mirror (2 Pers CS)	1385	RS Feva XL	1200
Mirror (1 Pers)	1372	RS Vareo	1038
Musto Skiff	860	Seafly	1097
OK	1109	Topaz Omega	1075
Optimist	1646		
Osprey	940		
RS 300	1000		
RS 700	858		
RS 800	822		
RS Feva (2 Pers AS)	1200		
RS Vareo	1038		
RS Vision	1085		
Splash	1184		
Tasar	1023		
Wanderer	1140		
Byte CII	1140		

## 9. Starting

9.1 The start line will be determined by the Host Club and described at the regatta briefing.

9.2 Flag Z will not be used. This changes Rules 30.

9.3 A boat starting later than four minutes after her starting signal will be scored Did Not Start (DNS). This changes Rule A4.

## 10. Finishing

The finish line will be the same as the start line.

## 11. Time Limits

11.1 If no boat has passed the first mark of the course within 20 minutes of the start, the race will be abandoned.

11.2 If racing has not commenced by 14.00 hours the regatta will be Cancelled.

## 12. Protests and Requests for Redress

12.1 The intention to protest must be drawn to the attention of the Race Officer immediately the boat finishes the race in question. This changes Rule 61.

12.2 Protest Forms will be available from the Race Officer.

12.3 A completed protest forms shall be submitted to the Race Committee within 30 minutes of the last competing boat coming ashore. Where Races are sailed back to back, protests must be submitted within the time limit after the last race.

12.4 Notices of protests by the race committee will be posted on the Association Notice Board to inform boats under Rules 61.1(b).

12.5 **Arbitration.** Before a full protest hearing is convened the Protestor and protestee will be encouraged to accept arbitration under the RYA Rules Disputes Process as follows:

All parties agree to opt for RYA Arbitration and meet with an Advisor who shall be an independent sailor who is experienced in the RRS and their application.

The parties describe what happened, and the Advisor will decide whether any witnesses should be called.

The Advisor explains what rules may have been broken and whether anyone was in the wrong.

A boat in the wrong is asked to accept an exoneration penalty of points in addition to their finishing position equivalent to 25% of the entry for the event.

No one is disqualified.

If the exoneration penalty is not accepted, the protest may go to a formal protest hearing.

### 13. Scoring

If three races are sailed the competitor will be allowed one discard. If two or less races are sailed, there will be no discard. The competitors will score the races which give them their best possible result in the regatta.

### 14. Ties

Ties shall be broken using Appendix A8

### 15. Safety

A boat that retires from a race shall notify the race committee in the manner required by the race committee and identified at the regatta briefing.

### 16. Declarations

Entry to each regatta will constitute a declaration of intention to race. The decision to race rests with the individuals concerned and their parent or guardian. A parent/guardian of competitors under 14 years must remain on site throughout each regatta.

### 17. Disclaimer of Liability

Competitors participate in the regattas entirely at their own risk. See Fundamental Rule 4, Decision to Race. The Yorkshire & Humberside Youth Sailing Association and the Host Clubs will not accept any liability for material damage, or person injury or death sustained in conjunction with or prior to, during, or after any regatta.

### 18. Insurance

Each participating boat shall be insured with valid third part liability insurance with a minimum cover of at least £3 million pounds per event or the equivalent.

## *RYA Portsmouth Yardstick List 2011*

Class Name	Number	Class Name	Number
Albacore	1064	Supernova	1065
Enterprise	1117	12	1087
Fireball	980	14	825
GP14	1127	18	957
Laser	1082	405	1089
Laser Radial	1106	420	1087
RS200	1057	470	973
RS400	949	29er	924
Solo	1153	49er	740
Streaker	1162	B14	874
Topper	1297	Bosun	1198
Wayfarer	1101	British Moth	1164
505	902	Buzz	1003
Blaze	1046	Byte	1170
Comet	1179	Cadet	1432
Contender	993	Comet Trio	1085
Finn	1060	Europe	1143
Lark	1073	Firefly	1168
Laser 4.7	1175	Graduate	1160
Laser 2000	1090	Heron	1346
Mirror (2 Pers CS)	1385	Hornet	979
Phantom	1030	ISO	926
RS600	920	Kestrel	1040
Scorpion	1055	Laser 4000	911

Mirror CT = 5833.5 divide by 1.385  
= 4211.91  
= 4212 (to nearest sec)

So the Laser would finish ahead of the Mirror.

## **2. Notifying Results to Competitors**

The results for each race should be made available to competitors as soon as possible after each race, preferably before the fleet returns to the water.

## **3. Handling Boat Levies**

At the end of a regatta a boat levy of £2.00 per boat should be paid to Josie Gentry, Y&HYSA Treasurer, or her representative.

Payment can be made in cash or by cheque made out to 'Y&HYSA' and sent to Josie at 52 Haywood Lane, Deepcar, Sheffield, S36 2QF.

## **4. Sending Results**

To allow a quick update of the overall Series Results, please hand the results, together with the Race Log Sheets and Entry Forms, to the representative of the YHYSA.

**MANY THANKS FOR YOUR HELP**

**IT IS MUCH APPRECIATED BY ALL CONCERNED**

## **Race Officer Guidance Notes for Travellers' Series Regattas**

### **Before Racing Starts**

#### **1. Protest Committee**

Particularly with one-day regattas it is best to have three or four competent individuals on standby so that a Protest Committee can be arranged quickly after racing.

#### **2. Sailing Instructions**

Please familiarise yourself with the Series Sailing Instructions in the current YHYSA Yearbook.

#### **3. Portsmouth Yardstick Scheme**

As all Series Regattas involve handicap racing, please use the current RYA Portsmouth Numbers printed in this Yearbook.

Please note that dinghies which are not included in this list have been allocated a Series Trial Number by the Series Organiser for the duration of the Series.

#### **4. Regatta Entry**

Please check that the competitors have filled in the necessary Registration/Entry Forms in particular that they sign to say that their boat is insured and in a seaworthy condition and that they accept the liability disclaimer.

#### **5. Safety of Competitors is Paramount**

Youngsters should not be allowed onto the water if you are in any doubt over any competitor's buoyancy aid being less than adequate. Host Clubs should provide an adequate number of manned support boats for the prevailing weather conditions. Please do not hesitate to abandon or postpone a race if the number of support boats is compromised due to breakdown.

#### **6. Wind Strength**

Please postpone racing if the wind strength is too high for your water or is below Force 2.

### **During Racing**

#### **1. Race Course**

When handicap racing, you can make life much easier if the Start Line and the Finish Line are one and the same so all the competitors will sail a whole number of laps. Please try and vary your courses so that they do not always favour a particular type of dinghy.

## 2. Starting

All races should be run as single-start handicap races. Please use the YHYSA Pennant provided by the Series Organiser as the Class Flag. Remember with 20-30 competitive youngsters on the Start Line, and IC Flag 'X' and a First Substitute will be needed for recalls/

## 3. Duration

Ideally, races should last just over an hour. However, please aim to have **ALL** boats racing for a **MINIMUM** of 50 minutes so that the handicap system works more accurately.

## 4. Outside Help

Any help given to a competitor shall be at the discretion of the Race Officer. RYA guidance on this matter suggests that the following actions are allowable:-

Recover competitor from water when separated from boat.

Return competitor to boat in same area as recover.

Hail any boat that is OCS.

Use flag before start signal to indicate that boats are OCS.

## 5. Recording of Race Positions

Arrange to have adequate help in the race office to permit accurate timing and reliable recording of all competitors. If you have enough help, please use the Race Log Sheets to record each boat's individual lap times as a back up to the main Race Sheet. These Log Sheets are available from the Organiser and help in resolving finishing order problems.

## 6. Finishing

**Remember the 'Concertina Rule' - You should aim to make the time between the first finisher, not necessarily the leading boat, and the last finisher to be as short as possible.**

So, after about an hour of racing and knowing the approximate average lap times you can choose to finish a race at a point when the boats will finish fairly quickly behind each other. Remember, the length of the course you set will have a bearing on the time taken to complete a lap.

## After Racing

### 1. Handicap Race Calculations

**Example Calculations to find the Corrected Time (CT) from an Elapsed Time (ET)**

#### EG. 1

**Find the CT for a Laser finishing 6 laps in 66 mins and 25 secs.**

With a calculator this is a simple two stage operation.

Stage 1

Convert the ET to seconds by multiplying the minutes by 60 and adding on the extra seconds

$$\begin{aligned} \text{ET} &= 66 \text{ mins and } 25 \text{ secs} \\ &= 66 \times 60 + 25 \\ &= 3985 \text{ secs} \end{aligned}$$

Stage 2

To find CT divide the ET by a thousandth part of the relevant Portsmouth Number (PN).

Laser PN = 1080 so divide ET by 1.080

$$\begin{aligned} \text{CT} &= 3985 \text{ divide by } 1.080 \\ &= 3689.81 \text{ secs} \\ &= 3690 \text{ (to nearest second)} \end{aligned}$$

#### EG. 2

**Find the CT for a Mirror that finished 4 laps in 64 mins and 49 secs in the same race.**

As the Mirror has only done 4 laps and the maximum laps sailed was 6 then the Mirror's Race Time has to be divided by 4 and multiplied by 6 to give its Elapsed Time (ET). This is a three stage operation.

Stage 1

$$\begin{aligned} \text{Mirror's Race Time in secs} &= 64 \times 60 + 49 \\ &= 3889 \text{ secs} \end{aligned}$$

Stage 2

$$\begin{aligned} \text{Mirror's ET} &= 3889 \text{ divide by } 4 \text{ multiply by } 6 \\ &= 5833.5 \text{ secs} \end{aligned}$$

Stage 3

To find Mirror's CT divide ET by a thousandth part of Mirror's Portsmouth Number.

Mirror PN = 1385 so divide ET by 1.385